

Empowering the Underprivileged Since 1988





INDIA DEVELOPMENT AND RELIEF FUND





ANNUAL REPORT 2018



IDRF Mission

Breaking the cycle of poverty in India, Nepal and Sri Lanka by empowering marginalized people through skills, services and infrastructure grounded in sustainable development

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IDRF has earned top ratings from around the industry!

8 TOP-RATI

ONPROF

CFC

CHARITY NAVIGATOR

* * *

Four Star Charity

2018 PLATINUM

Message from the IDRF President



Dear Friends,

Namaste! I would like to express my deep gratitude for your support of IDRF for more than 30 years. Your trust in IDRF's mission and passion for development, helped us raise **\$2.34** million in 2018 from donors all over the world. We maintain a commitment to sustainable, grassroots development, and keep our overhead costs below 5% and ensure above 95 % donations directly go to beneficiary NGOs.

Your compassion helped us provide quality education to poor children, healthcare to slum dwellers, revolving micro-credit to help rural women set up their own businesses, nutritious

food and supplements to children and young mothers in remote hilly areas, and relief and rehabilitation for the victims of Kerala floods.

For over 30 years, IDRF has offered you a platform to give back to your motherland. We offer a **'donor advised'** option where YOU choose your **dream project**- by designating any NGO in India as your beneficiary. We also offer the **'donor preference'** option where, if you are not sure about what cause or NGO to support, you can donate to IDRF and your donation will be saved till you decide a cause dear to your heart! **The fulfillment of a wish** requires at least two essential elements: Reliable partner-NGO in India, and the permission to receive funds from overseas under Government of India Foreign Contribution Regulation Act. If the NGO does not have a FCRA approval, IDRF's "Letter of Commitment" can enable it to receive FCRA on a 'Prior Permission Basis'.

Last year IDRF completed its 30 years of inception. In recognition of its service to the underprivileged various awards ceremonies and events were held by organizations and Indian American community. Several honors were conferred on IDRF and I was fortunate to receive them on IDRF's behalf and grateful to all of you for your good wishes.

I hope you will continue your support for the ongoing programs as well as for the new projects that we will be undertaking in 2019. It is YOUR compassion and generosity that makes it possible for our team to continue our programs to help improve the lives of tens of thousands of underprivileged in India, Nepal and Sri Lanka.

Thank you,

Dr. Vinod Prakash Founder and President

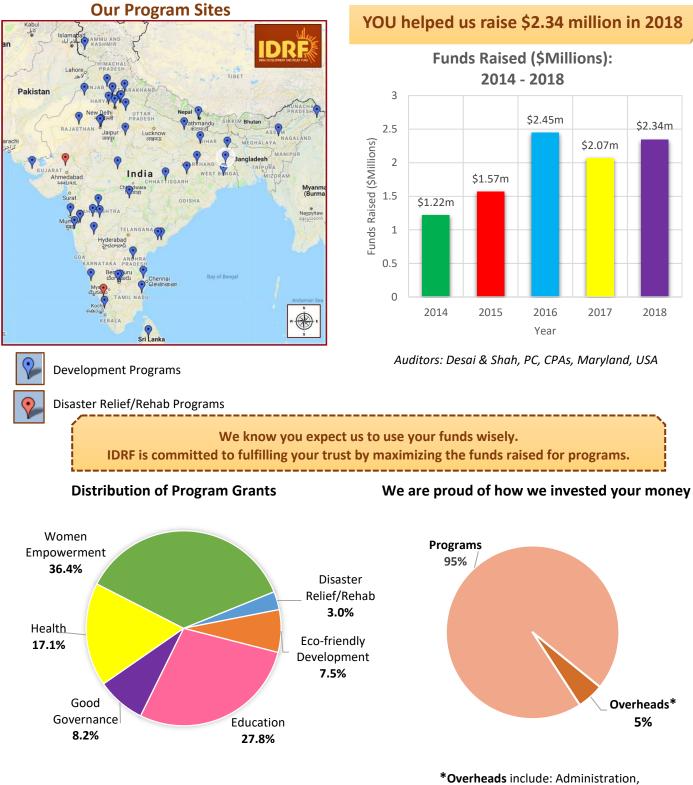
IDRF's ACCREDITATIONS

Platinum Seal of Transparency from *Guidestar* Top-rated charity with 5 star rating by *GreatNonProfits.org* 4 out of 4 stars from *Charity Navigator* for last 6 years

Beneficiary Testimonial

I had visited USA for the purpose of raising funds and had met Sh. Vinod and Smt. Sarla Prakashji in Washington. They are so passionate about India that they have dedicated their life to IDRF... The hostel for Banvasi (tribal) girls was established by financial help of IDRF...Dr. Prakash is providing financial help and motivation for underprivileged people of India...At present 90 girls from North-eastern states, Laddakh and Chhattisgarh, etc. are staying in the hostel and getting education. IDRF donors also help to obtain higher education for these girls. Most of the girls who have finished their education from this campus are successful in their lives. We are also organizing career counselling, personality development and vocational courses for better future of these girls... -Late Shri. Rajkripal, President of Shiksha Bharati, Hapur, UP

Fundraising and Grant Distribution: 2018



Management and Fundraising costs

NGO Partners by Focus Areas: 2018

Total Grants Disbursed = \$1,771, 010

Health	\$302,415	-	Education	\$491,585
Partner NGO	Project Location		Partner NGO	Project Location
Akhil Bharatiya Vanvasi Kalyan Ashram	Across Tribal India	Akhil Bhara	tiya Vanvasi Kalyan Ashram	Across Tribal India
Manasa Devi Charitable Trust	Andhra Pradesh	Shiksha Bharti		Across Tribal India
Atma Vidya Ashram Charitable Trust	Andhra Pradesh	Upkar Foundation		Across USA
Sree Kasturibai Mahila Samajam	Andhra Pradesh	Jayarama Educational Society		Andhra Pradesh
Vivekananda Rock Memorial & Vivekananda Kendra	Arunachal Pradesh	Action for India Scaling Social Innovation (AFI)		Delhi
Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan	Maharashtra	Gyan Jyoti		Haryana
Mata Balak Utkarsha Pratishthan	Maharashtra	Sewa Bharti J&K		Jammu & Kashmir
Public Health Concern Trust	Nepal	Mangala Se	ewa Samithi	Karnataka
Saraswati Jain Sewa Samiti	Rajasthan	Gwalior Hospital and Education Charitable Trust		Madhya Pradesh
Sri Ram Grameen Kshetra Vikas Samit	Uttar Pradesh	Sewa Bhar	ati Bhopal	Madhya Pradesh
Ramakrishna Mission Sevashrama	Uttarakhand	Swami Vive	kanand Education Pratishthan	Maharashtra
Economic Rural Development Society	West Bengal	Aai Janhit B	Bahuuddeshiya Sevabhavi Sanstha	Maharashtra
		Seva Sahay	og Foundation	Maharashtra
			Welfare of the Handicapped	Punjab
Women's Empowerment	\$644,800	Swami Kes	nwanand Smriti Charitable Trust	Rajasthan
		Bodh Shiks		Rajasthan
+ Partner NGO	Project Location	Navantara	Memorial Charitable trust	, Rajasthan & W.Benga
Vivekananda Yoga Anusandhana Samsthana	Karnataka	Ma Sarasw	ati Trust	Tamil Nadu
Lila Poonawala Foundation	Maharashtra	Auroville F	oundation	Tamil Nadu
Chaitanya	Maharashtra	Pardada Pradadi Education Society		Uttar Pradesh
Vatsalya Trust Mumbai	Maharashtra	Sri Ram Gram Vikas Samiti (Naguri School)		Uttar Pradesh
Magan Sanghrayalaya Samiti	Maharashtra	Vikahar Paribar Bikash Kendra		West Bengal
Sri Lanka Centre for Development Facilitation	Sri Lanka			
	A		Disaster Relief/Rehab	\$54,000
Good Governance	\$146,175	T	Partner NGO	Project Location
Partner NGO	Project Location	Samerth Ch	aritable Trust	Gujarat
Janaagraha Center for Citizenship & Democracy	Across Urban India	Manay Seva		Kerala
Arpana Research and Charities Trust	Haryana			Refutu
Jananeethi	Kerala			
Manav Seva Sansthan	Uttar Pradesh		Ecofriendly Development	\$132,035
			, .	
			Partner NGO	Project Location
		Samorth Ch	aritable Trust	Gujarat & Chattisgarh

IN **2018** WE WORKED WITH **44** NGOs IN **18** INDIAN STATES AND **1** EACH IN NEPAL, SRI LANKA AND USA

	IDRF'S NGO Partners over the last 5-years								
	Year	Total NGOs	Indian States	Nepal	Sri Lanka	USA			
ĺ	2017	48	17	1	1	1			
	2016	41	15	1	1	1			
	2015	41	14	1	-	1			
	2014	38	16	1	-	1			
	2013	41	19	1	-	1			

IDRF's NGO Partners over the last 5-years

IDRF's Mission and Strategy in Action-I

Our Journey with Auroville Unity Fund

Since 2002, IDRF has supported 'Udavi School', situated in a backward and poor village of Tamil Nadu near Auroville. The school started in 1971 as a crèche (*balwadi*) and by 1995 it was recognized as a matriculation school. Sri Aurobindo Ashram supports the running expenses of this school that imparts quality education with modern facilities for an all-round development of personality of the





290 children from poor families in *Edayanchavadi* and nearby villages currently attend Udavi School

IDRF started its support by building a **compound wall** to keep out stray animals and create an appropriate environment in the school. One of the main challenges faced by the school was finding good teachers as it is located in a backward area where teachers are not easily available. In 2005, IDRF helped with the construction of **staff**

children and infuse them with high ethical values.

residences that helped recruit qualified teachers and staff to work at this school.

In order to provide modern education to the children,

IDRF helped **relocate the library** (2006), **upgrade computer rooms** (2008) and **construct a math laboratory** (2009). In 2015, IDRF funded the construction of a **sports store room** and **caretaker's residence** on the campus. In 2017, a water tank to provide water for the upper level of the school became an urgent need and IDRF helped in the construction of a **20,000 liters water tank** to meet the growing water needs.

With the spread of the school's reputation and an increase in the population, in 2018, IDRF supported the **expansion of school facilities** by providing



additional classrooms, refurbishing existing rooms with ceiling fans and light fixtures, activity tables, and a playground and sand pit for the playschool.

Today Udavi School is able to expand the horizons of the poor rural children, who are able to aspire for things, for which they would have only dreamt of before!

The sky's the limit for this Udavi School Alumnus....

Aravindh comes from a poor family in the village and was the first member to get education! After the completion of his schooling and graduation, he got an air pilot's license and is leading a successful life today.



Since 2002, 500 children have graduated from Udavi School where formal education is supplemented by co-curricular activities like: clay modelling, drawing, dance, drama, music, carpentry, and tailoring, etc.

IDRF's Mission and Strategy in Action-II

OUR UNIQUE DEVELOPMENT STRATEGY: MOBILE MEDICAL SERVICES

In Andhra Pradesh, Arunachal Pradesh, Assam, Bihar, Chhattisgarh, Delhi, Jharkhand, Karnataka, Madhya Pradesh, Maharashtra, Orissa, Rajasthan, Punjab, Tamil Nadu, Uttar Pradesh and Uttarakhand

While visiting India, IDRF founder Dr. Vinod Prakash and wife Sarla saw men carrying a sick person on a *charpoy* (woven jute cot) because there was no ambulance to transport patients to hospital. This motivated IDRF to initiate 'Mobile Medical Services' in partnership with *Akhil Bharatiya Vanavasi Kalyan Ashram* in 1992 to provide healthcare to poor people living in remote areas of Chhattisgarh.

Answering IDRF's call for help, many Indo-American couples **donated their wedding gifts and cash** to IDRF, in a unique gesture to help the needy! Doctors Mohini and Ram Gehani, **gifted a medical van** to IDRF on their son's wedding, which was used by Sewa Bharati, Jodhpur, to treat thousands of poor patients.

The funds raised enabled IDRF to purchase medical vans that were needed desperately by NGOs. The mobile clinics travel to remote interiors, tribal areas and urban slums marked by inadequate physical infrastructure and services. The medical teams provide primary health services like **malaria tests**, eye exams for cataract and glaucoma, dental

treatments, medicines, vaccines, micro-surgeries, training and awareness of health issues and school outreach programs, etc. In times of disasters and emergencies like after the devastating Tsunami (2004) and Uttarakhand floods (2013) medical vans reached out to victims to provide primary health services, hygiene kits and medicines, etc.

The achievements of the medical teams operating in tough terrain and political instability is highly commendable. Sometimes roads are closed for several months and health workers have to visit the villages on foot! Initially the vans facilitated to our partner *Birsa Sewa Prakalp* did not serve Naxalites (Maoist) infested



Since 1992, IDRF has supported **30+ medical vans** in **16 states** across India

villages in Jharkhand due to safety reasons. However, after observing their effectiveness, the Naxalites approached them to include their villages while assuring the safety of the teams. Eventually, some of the Naxalites themselves became volunteers and transformed into productive citizens. An excellent example of **positive social change!**

New vans are constantly needed, both to replace the old ones that wear out and to increase the reach of the mobile medical teams. In 2014, an old van was replaced by a new one to reach out to 14,000 patients annually in the



Mobile medical teams provide free health camps

remote hilly areas in Arunachal Pradesh by our partner *Vivekananda Kendra*. In 2018, IDRF took over a 3- year mobile clinic program to six slums in Aurangabad, Maharashtra, where millions live in squalid conditions in densely populated slums. Lacking proper health awareness and services, thousands fall ill due to diseases caused by unhygienic living conditions. With the help of *Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan,* IDRF is providing quality **primary health activities,** that focus on education and neighborhood participation in community development.

IDRF's Mission and Strategy in Action- III GIVING BACK: An NRI's VISION

IDRF was founded to break the cycle of poverty in India, and offer a platform to the Indian community in the United States to *'give back to the land of their ancestors'*. One such philanthropist couple, is **Nand** and **Shashi Todi** of Pennsylvania, who have helped thousands of underserved people through IDRF. Since 2004, they have supported various development projects for impoverished all across India irrespective of caste, creed or religion.

In the aftermath of the **Tsunami in Southeast Asia** in 2004, they supported various IDRF relief and rehabilitation programs in **India, Sri Lanka, Indonesia** and **Thailand**. For families who had lost everything in the disaster, these programs helped restore their dignity and hope and provided a chance to get back on their feet.

Since **2008**, the Todis, have helped a **hospital** in Nagauri, a village in **Uttar Pradesh**, provide low cost, quality medical care to rural poor. Regular eye-camps are organized and cataract patients are taken to Meerut city for eye-operations done free of cost. The Todi hospital provides post-



operative care to the patients and has been effective in controlling blindness in the rural population of the area. Their generosity extended beyond the hospital to the **construction of a road** to help villagers from nearby communities gain access to the medical facilities offered here. They have also supported the **construction of staff residences** and a **separate wing for women patients**.

In 2013, a multi-day cloudburst in Uttarakhand caused devastating floods and landslides, becoming India's worst



Nand and Shashi Todi's services and benevolence has helped empower and give a life of dignity to tens of thousands of needy people. We salute their sustained magnanimity, a source of inspiration for all of us! natural disaster since the 2004 tsunami. Once again they came forward to support the **relief and rehabilitation programs** to restore life and habitation of victims in Pithorgarh district.

Further, Todis supported IDRF's **vocational skill training and placement program** in **2015**, in **Odisha**. Training programs in eight batches were conducted to train unemployed youth in various trades to enable them to earn livelihood. On completion of the program, participants were provided career counselling and helped in placement within the relevant industry.

More than **300 unemployed poor youth** were trained in: **Information Technology, Patient Assistance, Sales and Marketing and Hospitality.**

Highlights of 2018 I. Education and Skill Development

"Dawn of Hope"- Orphan Sponsorship Program, West Bengal.

Partner: Vikahar Paribar Bikash Kendra (VPBK) In 2017, IDRF started its partnership with VPBK to bring about a lasting change to the lives of 20 orphans living below poverty line in five villages. These children are mainly from families from backward castes, tribes and minority religious communities. IDRF supports their education (including tuition and school supplies), and



provides nutritious food and primary health care to help them become healthy and educated citizens



Now we will fly high and our dreams will come true!

who can stand on their own feet and lead a life of dignity.

Success Story

If it was not for YOUR support, Nasifa would have been engaged as a child labor! "I want to be a teacher when I grow up!" says 9-year-old Nasifa of Boral, with a gleam in her eyes. Deserted by her father when she was an infant, Nasifa was included in the IDRF supported program. She enjoys going to school and has been doing well in her studies too!

Providing Modern Facilities to the School for Underprivileged Rural Children, Uttar Pradesh. Partner: Sri Ram Gram Vikas Samiti



With IDRF's vision and development strategy, the dream of an NRI to have a school in his native village Nagauri has been fulfilled! The school had a modest start with two rooms, and provided free education to the children. Today with IDRF's support the school has expanded to grade 12th and students perform better in state board exams compared to other schools in the region. As its good reputation spreads, the children from even further off want to attend this school!

In 2018, **700+ children** from **30 villages** got quality education, at very low cost at the school started by IDRF! With your support IDRF was able to provide: modern "smart classes" with CCTVs, science labs, updated playground, little kids' educational playlab, two new school buses and urgent repairs and painting of teacher residences on the campus.

II. Health

Fighting Malnutrition and Anemia among Children and Women in Tribal Villages, Arunachal Pradesh

Partner: Vivekananda Kendra Kanyakumari In the extremely poor and remote hilly villages, of three districts, about 73% of children are malnourished and 55% of women are anemic. With IDRF's support and guidance, Vivekananda Kendra started a 3year project (2018-2020), where medical camps selected children and women for intervention. The medical team monitored the changes and provided children and women with multivitamins and deworming medicines. For the sustenance of the program and to provide employment to the locals, the team encourages them to use locally available products to prepare nutritious food. The team also provided toothbrushes and toothpastes to children



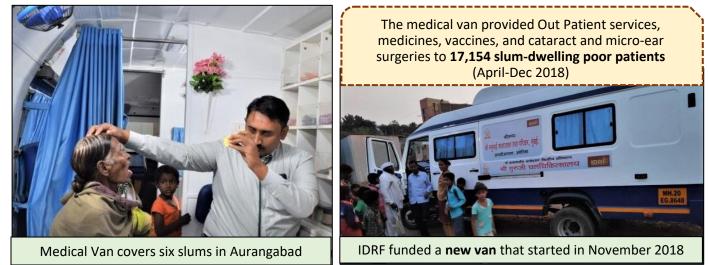
490 children (3-6 years) with severe symptoms from 5 villages are provided one healthy, balanced meal per day.
65 anemic and 31 pregnant & lactating women (25-40 years) provided iron, folic acid and vitamin supplements

and during winters, woolen clothes to 50 children belonging to extremely poor families.

"As most of the parents are illiterate, health workers had a tough time convincing them to send their kids regularly to our nutrition centers. But after seeing their improving health, parents are now supporting the cause whole heartedly!" says **Dr. Debashis Dey Adhikary** (Chief Project Coordinator).

Mobile Medical Services for Slum-dwellers in Aurangabad, Maharashtra Partner: Dr. Babasaheb Ambedkar Vaidyakiya Pratishthan

With the success of IDRF-supported mobile clinics in other parts of India, we have expanded the program for 3years (2018-2021) to Aurangabad. This project is using medical services as a tool for social development of people living in densely populated slums in abject poverty and unhygienic conditions. IDRF provides quality primary health services and trains volunteers (*Arogya Mitra*) to carry out health camps (safe drinking water and health education, etc.) and community development programs for a healthier lifestyles and increased economic productivity.



III. Women's Empowerment

Livelihood for School Dropouts: "Patient Assistant Program" and "Drive with Pride", Maharashtra Partner: Vatsalya Trust, Mumbai

Since 2005, IDRF has been partially funding the **Patient Assistant Program** of Vatsalya Trust Mumbai. This program creates skill development among school dropouts from rural and tribal areas, and most of them have secured jobs in hospitals, clinics and nursing homes. Tribal participants receive free lodging, boarding, medical facilities and tuition. Another skill development and empowerment initiative **Drive with Pride** that IDRF partially supports, started in 2016. This project imparts driving training for commercial vehicles to women who are then able to earn a living and support their families by becoming delivery van/rickshaw drivers or chauffeurs. Participants are also provided interpersonal and digital skills to improve their employability.



In 2018, 100 women were trained as Patient Assistants (including 25 tribal).
20 women trained for two/three wheeler driving and completed the licensing test.



Success Story "I am now driving my own life with pride!"

Kumudini Pawar, 24, was once struggling to pursue her education and find livelihood due to her family's economic problems. She got the commercial driver training under IDRF supported "Drive with Pride" program and got a well-paying job at a fuel filling and car service station in Navi Mumbai. With her steady income she is now able to support her family!

Improved Livelihood Activities in Women-headed Households, Sri Lanka Partner: Sri Lanka Centre for Development Facilitation



IDRF has partnered with this organization since 2017, to improve livelihood activities in below poverty line women-headed households in Kandy District. In 2018, start-up capital (Revolving Loan) and training to cultivate tea, pepper, mushroom and dairy farming, etc. was provided to **75 families**, who either established new self-employment ventures or strengthened existing ones. In addition, **55 families** were also provided planting material for the crops. An increase in the family income has helped them rise above the poverty line and also raised their role in household and community decision making. In most cases, the additional income is used for children's education and there has also been a marked reduction in rural indebtedness in the project location.

Success Story

Indrani Jayantha received an IDRF funded **Revolving Loan** and **training** and started pepper and tea cultivation. From the extra income she purchased a big water tank to collect water from a spring. This water is used for irrigating crops and for her domestic needs. Using her training skills, she has also started a vegetable patch in her yard, leading to more savings, as she does not have to buy vegetables from the market!

IV. Eco-friendly Development

Water Harvesting and Ground Water Management, Gujarat and Chhattisgarh Partner: Samerth Charitable Trust

IDRF has partnered with Samerth to provide safe and sustainable water resources for the poor and marginalized communities in water scarce parts of Kutch district. In the past, lack of rainfall, problems like poor health, low agricultural productivity and insufficient water for the livestock, forced several poor families to migrate each year. But with the success of IDRF supported Water Security program, all water bodies are now filled with water!

In 2017, after the success of IDRF's ground water management program in Gujarat, we expanded our program to eight villages of Kabirdham district, in Chhattisgarh, where rainfall is inadequate and erratic. The area is inhabited by several indigenous tribes and a scarcity of water leads to low agricultural yields,

Chhattisgarh: In 2018, IDRF supported: **14 water structures** in 11 locations and benefitted 4,000+ tribal population living in impoverished hilly villages.



Success Story

"I can finally dream of a better future for my children and that has been the biggest gain from this pond", says **Rana Rama** of Jodhpar vandh, Kutch. Earlier the families would migrate each year for 6 to 8 months. But with the development of IDRF supported pond in this hamlet, rain water is collected and the villagers are able to grow two crops. "Now things have undergone a change in our village...food is secure and our children have started going to school!" says Rana with enthusiasm.



Gujarat: In 2018, IDRF supported the construction of: **37 check dams**, **12 dug wells** and **6 step wells** that helped 11,000+ people and 93,000+ cattle. 300 families have started multi-cropping to increase their incomes.

increased malnutrition and mortality rates. Availability of water through IDRF supported water reservoirs has led to an improvement in people's personal hygiene, and provides safe drinking water. Many families are also able to grow two crops. Community youth have been trained as 'Jaldoot' to implement water management, conservation and efficient utilization. 'Sangathans' (groups of villagers) have been trained to understand basic entitlements, infrastructure development, water requirements and mechanisms for advocacy to get development work and government schemes to their villages.

The success of 'Roof Rainwater Harvesting Structures' has led the district administration to adopt the model developed by Samerth to conserve and restore water.



V. Good Governance

Empowerment and Livelihood for the Most Backward-*Musahar* Community, Uttar Pradesh Partners: Manav Seva Sansthan "SEVA"



to government entitlements and schemes.

The *Musahars* are one of the most marginalized communities in North India and deprived from owning land and means of livelihood for several generations. IDRF is supporting a 3-year project (2018-2020) to bring about community empowerment, livelihood support to increase economic opportunities and social reintegration of 2,069 Musahar households in 20 villages, into the local communities. By the end of the first year of the project: 9 Community-Based Organizations (CBOs) with 171

members have been set up to work as local advocacy/pressure groups to influence the development of the communities. In addition, first level of training for 210 CBO functionaries and representatives was also completed.

Achievements in 2018

270 Children (6 - 14 years-school dropouts) attended 3 Education Centers for 2-hours of informal education
 125 Youths trained in marketable vocational skills at the 2 Skill Centers established
 75 Women trained and provided with material support for alternative livelihoods
 50 Land Owning Families provided farm training and inputs to set up agro-based enterprises
 3 Health Camps for general checkup of 700 people & medicines for water-borne diseases during monsoons

Quality Improvement and Increased Transparency of Public Health Services, Kerala Partners: Partnership for Transparency and Jananeethi

IDRF started a 3-year project (2018-2021) in a unique first time tri-party partnership with USAbased *Partnership for Transparency* and Indiabased implementing partner-*Jananeethi*. The objective is to engage with local governments in Thrissur in order to improve the quality and transparency of Public Health Services, and bring about a greater community participation.

The project will generate better health services: infrastructure, quality drugs, enhanced nursing care, and hygiene standards, etc.

The three health centers selected, serve 200,000 people. The project team has



Two awareness sessions on Right to Information Act (RTI) were conducted in 2018.

completed surveys and interviews of 42 members of Health Management Committees and found lack of awareness about the rules and entitlements. Surveys were conducted among users of the medical facilities. Handouts and information kits on rights and entitlements of patients and families have been prepared in local language. Formation of Health Watch to monitor and evaluate the progress is being done and suitable members are identified to be included in it.

VI. Disaster Relief/Rehabilitation

Kerala Floods-Relief and Rehabilitation Efforts Partners: Manav Seva Sansthan "SEVA"

Due to heavy monsoon rains, Kerala experienced devastating floods during the summer of 2018. Scores of people were killed and thousands rendered homeless. IDRF promptly launched the disaster relief/rehabilitation program through its reputable partner and decided to send 100% of the donations received for flood victims. *Pozhuthana* Gram Panchayat in *Wayanad* district is one of the worst affected areas of the calamity. Our partner NGO has been working closely with the state government, who selected the beneficiaries, so as to maximize the number of victims helped. IDRF has also started a programs to rehabilitate 18 families whose only means of livelihood are agriculture and animal husbandry by providing them cows. IDRF is also starting the program to repair and rebuild the homes for six families in this area.



IDRF funded distribution of **100 kitchen kits and appliances** to affected families



Fundraisers were created on Facebook by IDRF supporters and volunteers to raise funds to help the victims.



(L to R) Diksha (96%), Nisha (87%) and Nitisha (82%) marks

Give us a chance and we would fly!

13 underprivileged tribal girls living in the IDRF hostel at Shiksha Bharati in Hapur, Uttar Pradesh, took the All India Senior School Certificate exams (Grade-12) in March 2018. When the results were declared, we were thrilled to learn that Diksha Sharma, hailing from a poor family of daily wagers in Sikkim, scored a whopping 96% and six other girls scored between 80 to 90% marks!

Project Site Visits by Board Members and Volunteers

Mohinder Gulati (Board Member) at Samerth's Water Security Program Location, Gujarat

IDRF has been supporting Samerth's Water Security project since 2014. In 2018, Mr. Gulati visited the NGO's office in Ahmedabad and project sites in Rapar.

"The villagers told me, the increased water security has reduced migration and increased their farm productivity and livelihood. As a result, there is an improvement in education and healthcare facilities too, as the government is now providing schools and primary healthcare", remarked Mr. Gulati.

He was impressed with how the trained "Jaldoots" (water volunteers) conduct resource assessments, engage the community in water budgeting and management, and also help them access their rights-based entitlements and government schemes.



Dr. G.R. Verma (Board Member) at Maharshi Dayanand Mahila Shikshan Sansthan Samiti, Rajasthan



IDRF Board Member and a rare philanthropist renowned as the "millionaire *fakir*", Dr. Verma established this institution in 1982. It is dedicated to educating and creating a variety of professional and technical opportunities for girls in various fields of sciences. This has made significant contributions to Jhunjhunu's identity in Rajasthan and whole of India. Dr. Verma visits the institution at least once a year to keep in touch with its progress and functioning.

Over the years IDRF has supported the construction of staff residences, computer, physics, chemistry and English language labs and conference hall for the girls' institution.

Dr. Jaipal Rathi (Donor) at Sri Ram Gram Vikas Samiti, Uttar Pradesh

With IDRF's vision and development strategy, Dr. Rathi's dream to have a school in his native village Nagauri, could be fulfilled. The reputation of the school has spread far and wide and 700+ students from 30 villages attend this school. Dr. Rathi has been actively involved in the fundraising and overseeing the school management and makes regular trips to India for this purpose.

"The NRI's see this school as a successful experiment to fulfil their desire of significantly improving the education in the rural areas....This project can be taken as an excellent example for other NRIs who wish to undertake a similar project for serving their motherland!" remarked Dr. Rathi.



Donor Testimonial

"Donating abroad is always tricky as it is not always possible to check authenticity, delivery, impact or anything for that matter about the charity. IDRF solved that problem...they have been able to keep their administration costs to a minimum and thoroughly evaluate projects, which made it easy for me to donate, knowing the money is going where it is intended to go! I feel blessed to be able to assist marginalized people and IDRF is the best mechanism to deliver it." -Anita Roy, Maryland.

IDRF Awards and Events in 2018

On the occasion of 30 years of IDRF's inception, award ceremonies and events were held by various organizations and Indian American community.

Manav Seva Sarvodaya Award, January

National Council of Asian Indian Association (NCAIA) and Governor of Maryland- Larry Hogan awarded Dr. Vinod Prakash and his wife Sarla, the distinguished *Manav Seva Sarvodaya Award* on the occasion of 69th Indian Republic Day celebrations at Maryland.



Lifetime Leadership Achievement Award, July Lead India Foundation and United National Diversity Coalition of America (UNDCA) recognized Dr. Vinod Prakash with *the Lifetime Leadership Achievement Award*.



Distinguished Community and Humanitarian Service Award, October Dr. Vinod Prakash was honored with the Distinguished Community and Humanitarian Service Award at the Ekal Future of India Gala in Maryland.



Indian Folk Dance Festival, March Natya Bharati and SAHARA celebrated 30 years of IDRF's serving the underprivileged. Art forms from various states of India were presented through folk dances at Maryland. A part of the proceeds from the sale of the tickets was donated to IDRF.



Next Step Foundation, October Dr. Vinod Prakash delivered a keynote speech emphasizing the 'Joy of Giving Back' at the fundraiser event in Virginia.

Donor Testimonial

"With an abundance of good charities to choose from, some stand out with their scope ...impacting the lives of so many...having certifications from Great Non Profits, Four Star Charities and Seal of Transparency, the choice becomes clear. IDRF meets the most stringent of qualifications." -Barbara Khan, Florida

IDRF Awards and Events in 2018

Lifetime Achievement Award, October

IDRF Board Member- Dr. G.R. Verma (red turban) awarded: *Lifetime Achievement Award* by All India Association of Vice Chancellors and Academicians in Rajasthan, India- for his contributions towards girls' education and empowerment in Jhunjhunu, Rajasthan.



IDRF in the News

<u>"India Development And Relief Fund (IDRF) – Dr. Vinod Prakash's Helping Hand for Bharat</u>", by Manu Shah, Hindu Post, January 5, 2019.

<u>"Experience the Joy of Giving Back through IDRF!</u>", by Dr. Niti Duggal, TANA Patrika, Volume 26, Issue 8, October 2018, pages 26-27.

<u>"Nar Seva, Narayan Seva is their commitment to the needy</u>", by J.V. Lakshmana Rao, India Tribune, October 5, 2018, page 4.

"<u>Embracing and Enjoying the World Bank's Development Mission in My Retirement</u>", by Dr. Vinod Prakash, The 1818 Society Quarterly, Volume 1, Issue 2, Fall 2018, page 33.

<u>"Life devoted to serving people in distress; service is their religion</u>", by Manu Shah, India Herald, September 12, 2018.

For more articles please look up: Our Work at **www.idrf.org**

Beneficiary Testimonial

"We recognize IDRF as a major supporter for the generous contributions to establishing an ICU at Kirtipur Hospital of Public Health Concern Trust Nepal (PHECT). PHECT is grateful to IDRF, since the lack of this facility had affected the health care of a large number of injured victims of the 2015 Mega Earthquake in Nepal...

Poor women in Nepal face a big problem of Pelvic Organ Prolapse. Thanks again to IDRF, with their help we are able to provide free surgical services and one week of post-operative care to the affected women at Kathmandu Model Hospital".

-Prof. Ganesh Dangal and the PHECT-Nepal team



Future Projects

IDRF expands the scope of its work by starting new projects in different geographical areas each year in order to reach out to more underprivileged people. We hope that you will continue your support for the new projects that we will be undertaking in 2019.

Nursing course for disadvantaged rural girls, 'Swa'-Roopwardhinee, Maharashtra

With the success of IDRF-supported courses in other parts of the state, we are expanding the nursing training program for strengthening girls' self-reliance and financial independence in the tribal and rural areas of Pune. A unique feature of this project is that, the training program is being brought to villages to offer safe housing for the participants, as parents are often reluctant to let daughters live alone in urban areas. Training for the first batch of the one-year course will begin in July 2019. The program will require \$580 per student (including boarding, lodging and tuition) and \$20,880 for the entire batch of 36 girls enrolled at the village of Male location.

Digitization of microcredit program for marginalized rural women, Arpana Research and Charities Trust, Haryana

IDRF's support has led to empowerment and emancipation of rural women by creating financial security through micro-credit for self-employment. 830 Self Help Groups (SHGs) in 105 villages with 11, 580 members have utilized loans for various income-generation activities. A two year project (2019-21) in partnership with Arpana will train 200 SHG women scribes as auditors with digital skills, so that SHGs keep in tune with changing technologies like: online banking and digital account keeping, etc. 50 new SHGs will be formed and members trained to use modern digital techniques to run the micro-credit program more efficiently. This two year project will cost \$55,446.

Building rural women's capacities to lead and influence local policy change, S M Sehgal Foundation, Rajasthan.

IDRF is implementing a 3-year project (2019-2022) to build women's (*Mahila Sangathans*) capacities and mobilizing them to assume leadership roles in impacting the policy-making at various administrative levels. The project will be piloted in 50 villages of Alwar, benefitting 2,500 and focusing on select government schemes for women and child development. This will enable women's groups to access their rights and entitlements and increase their capacity to evolve as leaders at the grassroots. The project will also create an action group to approach and influence local policy makers and identify and fill policy gaps and deficits in implementing government schemes. Total project cost for this 3- year project is \$69,000.

Computer literacy and digital skills for the underprivileged children, Computer Shiksha, All-across India

IDRF is starting a program to impart free and quality computer knowledge and skills to underprivileged children to use technology for the betterment of their lives. Refurbished computers are used at partner schools to train children in the beginners level course (31-62 weeks), followed by advanced level course (24 weeks). Schools are able to conduct classes through self-learning videos, teachers' manuals, hardware and upkeep provided by the NGO. The classes are monitored live on internet and students are evaluated periodically for certification. Total cost of \$75,000 will enable setting up computer centers in 25 schools to train over 4,300 children a year.

Donor Testimonial

"When I was looking for non-profits to help with development projects in India, I was impressed with the range of projects IDRF supports. Further, at the time of disasters striking India, the speed and reach of relief efforts carried out by IDRF stood out." -Achalesh Amar, Texas

IDRF TEAM

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Dr. Vinod Prakash Ms. Vandana Matravadia Dr. Niti Duggal Ms. Sarla Prakash

Support Team

Mr. Anurodh Agarwal Mr. Rajesh Gooty Ms. Sudha Jain Mr. Navin Prasad Capital Infotech Inc. Chief Executive Operations Manager Project Consultant Assistant Treasurer

Audio/Video Public Relations Advisor (USA) Advisor (India) Website Maintenance

Annual Report by:

Dr. Niti Duggal

Board of Directors

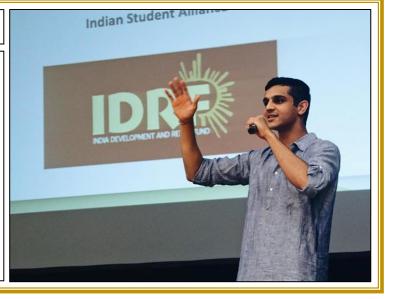
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Accounts

Banumati Ramkrishnan CPA, LLC



The Indian Student Alliance at the University of Iowa celebrates various Indian festivals and cultural events on the campus. In 2018, the students decided to donate a portion of the profits raised from the sale of tickets to a reliable charity that would lead to maximum impact for the beneficiaries in India. After extensive research they picked IDRF due to the multitude of programs and geographical areas it covers and contributed \$1,000 for providing health services to the poor and needy.



IDRF: 5821 Mossrock Drive, N. Bethesda, MD 20852

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IDRF Overheads are ONLY 5% and 95 cents /\$1 go directly to the beneficiaries!

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https://donatenow.networkforgood.org/IDRF

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Staff and retirees may double their donation by participating in WBG Community Connections Fundraising Campaign and selecting IDRF

Combined Federal Campaign (CFC)

US Federal Govt. employees may donate through the CFC

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Support IDRF while you shop—at no extra cost to you! https://smile.amazon.com Choose "India Development and Relief Fund" as your charity

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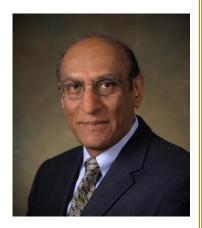
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DONOR SPOTLIGHT

A unique way to give back to your motherland!

Dr. Bipin Patel is a highly respectable physician and a philanthropist in the United States. He always had a profound connection with India and a strong desire to give back to his motherland. Dr. Patel found out that gifts of appreciated securities are a cost-effective way to help the underprivileged. Every year for over a decade now, he has been donating appreciated stocks to IDRF. IDRF sells these stocks immediately (unless advised otherwise) to support its various development programs and Dr. Patel is able to avoid the capital gains tax in addition to receiving a charitable deduction for the full fair market value of the stock.



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