

YOUR GIFTS EMPOWERED CHANGE THIS YEAR



Dr. Niti Duggal (center) IDRF's Communications and Marketing Manager, meets with participants of IDRF's Revolving Microloan Program in Sri Lanka's Kandy District.

Dear Friend,

Season's Greetings from IDRF!

As we close 2025, I wish you and your loved ones' joy, peace, and cherished moments this holiday season. Your generosity this year has been nothing short of transformative. Because of your support, more girls gained access to education, more women received skill development training, and entire families and communities took steps toward empowerment and dignity.

As we look ahead, I am excited to share more stories of sustainable development programs across India, Nepal, and Sri Lanka—stories of perseverance, agency, and lasting change. But we cannot do this without you.

Gifts received by December 31, 2025 will ensure that IDRF continues to uplift the most vulnerable and extend opportunity where it is needed most. Together, we can begin 2026 with renewed strength and compassion.

With gratitude and warm wishes for the new year,

Dr. Vinod Prakash
Founder and President

Make Your Year-end Donation

Wheels of Change: IDRF Provides a New School Bus for a Rural School in Uttar Pradesh

SKKS Saraswati Vidya Mandir, Kanauja village, Ghaziabad, has received a new 21-seater CNG school bus, made possible through IDRF's support. Fully equipped with AC, GPS, CCTV, seat belts, and fire extinguishers, the bus ensures safe and reliable transportation for 80 students and staff each day.

This upgrade comes as the school celebrates its recent affiliation with the Uttar Pradesh State Board, now offering classes up to grade 10. Students welcomed the bus with excitement, and the school expects increased enrollment and greater outreach to underserved communities. Operational costs will be shared between the school and participating families to ensure long-term sustainability.



IDRF Nourishes Mothers, Strengthens Babies in Tamil Nadu

The Healthy Mother Nutrition Supplement Program, run by Surabi Charitable Trust in partnership with IDRF, provides free weekly 14-pulse nutrition powder to pregnant women from early pregnancy through childbirth. Distributed through Primary Health Centers across Chennai, the program supported 2,827 women between October 2024 and August 2025. Medical officers and mothers report stronger maternal health, improved hemoglobin levels, and healthier birth weights.

Looking ahead, Surabi is enhancing the supplement with added soy protein, pursuing trademark recognition, and upgrading to tetra packaging to expand reach and impact. With a total of 21,776 mothers served through IDRF support to date, the program continues to advance dignity, nutrition, and healthier beginnings for marginalized women and their babies.

“During my pregnancy, my weight and hemoglobin were very low,” says 23-year-old Sasikala. “My doctor recommended the nutritional powder. After taking it regularly, my hemoglobin improved, I gained healthy weight, and so did my baby. It gave me strength throughout my pregnancy.”



Support Programs Like These

IDRF Microloans Fuel Women-Led Change in Sri Lanka

Since 2018, IDRF and the Sri Lanka Center for Development Facilitation (SLCDF) have empowered more than 300 vulnerable women in Kandy District through community-managed microloans starting as low as \$35. These revolving funds help widows, single mothers, elderly women, and students launch eco-friendly home enterprises—from coconut shell crafts to spice cultivation—while maintaining near-100% repayment rates.

IDRF's support strengthens grassroots empowerment and financial inclusion, turning small loans into dignity and hope.

One powerful example is Nirosha, a widowed mother with a spinal deformity who runs a small broom-making workshop. A \$35 microloan allowed her to buy raw materials and increase production. Though she earns only a few cents per broom, her steady work sustains her family and supports her daughter's education. Her workshop—built on resilience, eco-friendly craft, and a mother's determination—embodies the spirit of this program.



Flood Relief Update: Supporting Hard-Hit Communities in Maharashtra

In the wake of severe September flooding across Maharashtra, IDRF swiftly partnered with Jnana Prabodhini, Solapur to deliver urgent relief.

- 400 families received essential food kits to stabilize immediate needs
- 100 villagers received fodder to help protect cattle and safeguard livelihoods
- 50 families regained light and safety through distributed solar lamps
- 3 families whose homes were destroyed received temporary tin-shade shelters.

This early relief phase ensured that the most affected households had access to food, light, shelter, and support for their animals as they begin rebuilding.



**LAST CHANCE FOR 2025 TAX BENEFITS — A SMART WAY TO SUPPORT IDRF
YEAR-END GIFTS OF APPRECIATED SECURITIES OR CRYPTOCURRENCY CAN HELP YOU AVOID
CAPITAL GAINS TAX, CLAIM A FULL-VALUE DEDUCTION, AND STRENGTHEN IDRF'S WORK.**

**FOR DONORS 70½ AND OLDER: A TAX-SMART GIVING OPTION
IRA OWNERS 70½+ CAN GIVE UP TO \$108,000 TAX-FREE THROUGH QUALIFIED CHARITABLE
DISTRIBUTIONS. FOR THOSE 73+, QCDS ALSO SATISFY REQUIRED MINIMUM DISTRIBUTIONS
AND REDUCE TAXABLE INCOME.**

**NOT SURE WHERE TO GIVE? TRY IDRF'S DONOR PREFERENCE FUND
MAKE A TAX-DEDUCTIBLE GIFT NOW AND DECIDE LATER WHERE TO DIRECT YOUR SUPPORT
TO THE CHARITIES, CAUSES, OR REGIONS YOU CARE ABOUT—EVEN IN HONOR OF LOVED
ONES.**

*TO GET STARTED, PLEASE CONTACT ADMIN@IDRF.ORG OR (855) 463-4243 BEFORE MAKING
YOUR DONATION*

Complete Your 2025 Giving

Stories From the Communities You Empower

As we close out 2025, we're celebrating the powerful voices you've helped uplift. Through our LinkedIn Live Series, grassroots leaders and community members have shared inspiring stories of resilience, dignity, and transformation. [Click here](#) to watch past conversations and continue the journey of impact.

TOP ACCREDITATIONS & INDUSTRY RECOGNITION FOR IDRF



FOLLOW THE IMPACT. SHARE THE HOPE.



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