

Provide a life of dignity and a better future for less fortunate people!

As a result of the COVID-19 pandemic, millions have lost their livelihood and are in desperate need of your kindness. Your support during these difficult times will provide education and skill development, healthcare services, nutritional supplements to severely malnourished, micro-credit to rural women and those with disabilities for livelihood support, participation of women and other deprived members in rural governance, safe drinking water, and rehabilitation programs for thousands of people hit hard by the pandemic and lead them to new hopes in the year to come!



Our overhead costs are only 5% and 95 cents of each \$1 you donate go directly to beneficiary NGOs.

Rehabilitate struggling people during the COVID-19 pandemic

The poor need your help more than ever during these challenging times

The generosity of our donors enabled us to send \$1.14 million to 17 states in India (since April 2021), to provide relief to the people hit hard by the pandemic. We are now extending our programs to rehabilitate the people struggling as a result of the pandemic:

1. **Economic assistance and livelihood support** by providing micro-credit for livestock, four-wheel carts, and small businesses in Bihar, Maharashtra, and Odisha, etc.
2. **Vaccination drives**- COVID awareness and prevention, organizing vaccination camps, and transportation to vaccination centers, etc. in Gujarat, Haryana, Karnataka, Odisha, Rajasthan, and Uttar Pradesh, etc.
3. **Help in obtaining government assistance and care cards** for the poor and tribal population in Maharashtra
4. **Education recovery to bridge the learning gap** by providing laptops to teachers for virtual classes, vocational training for the unemployed, a school for children from COVID-devastated families, and distribution of learning kits, etc. in Bihar, Gujarat, Maharashtra, Odisha, and Uttar Pradesh, etc.

Your gift of \$1,000 will help 100 beneficiaries (\$10 per person) struggling during the pandemic.

Goal: Please help us raise funds to help at least 100,000 people



Provide Education and Bright Future for Underprivileged Girls

Partner NGO: Shiksha Bharati, Uttar Pradesh

With the help of generous donors like you, IDRF provides free education, lodging, and boarding to poor tribal girls from northeast India. Since 2002, tribal girls reside at an IDRF-supported hostel on the campus of a C.B.S.E. accredited senior secondary school in Hapur. To date, more than 85 tribal girls have graduated and most of them have pursued higher education through IDRF support. At present, only 66 girls are residing at the hostel but many more can be accommodated. Your gift of education to underprivileged girls will put them on a path for success and help them lead a life of dignity.

Your gift of Endowment Fund- a one-time donation of \$10,000 will endow one permanent educational seat in perpetuity, OR a donation of \$550 (\$1.50 a day) will take care of one girl's annual expenses.

Goal: Please help us raise funds to educate at least, 40 underprivileged girls

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Ease the weight of water: Provide Water-Wheels to help women in drought-prone areas

Partner NGO: Samerth Charitable Trust, Gujarat

In the Kutch district, rainfall is low and erratic, and droughts are common. Women and girls walk 3-4 miles per day to fetch water from wells and ponds for household use. The drudgery of carrying water can be reduced by the use of inexpensive but durable plastic containers on wheels with a capacity of 45 liters. IDRF is seeking your help to provide Water-Wheels to the local self-help groups to be distributed to women who carry water back and forth every day. Each Water-Wheel can be used by multiple women and last for 4 to 5 years.

With the generosity of donors like you, IDRF has provided 487 Water-Wheels in Rapar.

“The Water-Wheels have saved me from years of neck and back pain!”

Lilaben and her daughter use the Water-Wheels to fetch water from the pond near their hamlet. This saves them the burden and 3 to 4 hours every day. As a result, her daughter has more time to study and play now! The personal hygiene activities of the family members have improved with the availability of extra water at their doorsteps. “Because of the Water-Wheels, my husband and son have also started fetching water from the pond now”, says a happy Lilaben.

Your gift of \$900 will help provide 25 Water-Wheels (\$36 per Water-Wheel) to 50 women and save them the burden of carrying water every day.

Goal: Please help us raise funds to provide at least 250 water wheels to 500 rural women

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Provide nutrition packets to malnourished low-income women during pregnancy and lactation

Partner NGO: Surabi Trust, Tamil Nadu

Poor nutrition during pregnancy is a major public health problem in India and causes several health problems in both the mother-to-be and her developing baby. IDRF in partnership with Surabi provides nutrition powder (made from grains, pulses, nuts, and spices, etc.) to pregnant

women in the backward suburbs of Chennai through the Urban Primary Health Centers. This product is certified by the Food Safety and Standards Authority, India, and lab-tested regularly to maintain high quality.

Your gift of \$1,600 will help in providing one nutrition packet (2Lbs 3oz) each month to 100 pregnant/lactating women (\$1.30 per mother/month) for one year.

Goal: Please help us raise funds to provide nutrition packets to 2,000 mothers for one year.

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Create livelihood and self-employment opportunities for people with disabilities in rural communities

Partner NGO: Arpana Research and Charities Trust, Haryana

We are seeking your help in providing empowerment and improvement of the quality of life of people with disabilities (PWD) in the Karnal district. Over 2-years, training for employable skills and counseling to facilitate access to govt. benefits, schemes, and entitlements will be provided in five villages. Self-Help Groups of PWD will be formed that will promote savings, inter-lending, and lead to the creation of self-employment opportunities for the members. Your gift will touch the lives of differently-abled people, and help them lead a life of dignity!

Your gift of \$1,250 will help provide employment skills and opportunities to improve the socio-economic conditions for 30 persons with disabilities (\$0.10 per person/day) for one year

Goal: Please help us raise funds to help at least 300 persons with disabilities

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